



## BREAKFAST MENU

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**GOOD MORNING !**

To Start your day at Chelmsford Place

- Fruit juice
- Freshly brewed Yorkshire or Earl Grey Tea.
- Nescafe coffee or decaffeinated coffee with fresh milk.
- Various Fruit/Herbal & Green Teas.
- Drinking chocolate.
- Chilled milk.
- Yoghurts.
- Grapefruit segments.
- Cornflakes.
- Rice Crispies.
- Fruit & Fibre Bran flakes.
- Muesli.
- Hot Scott's porridge oats.
- Grilled back bacon.
- Grilled pork sausage.
- Tomatoes/Beans.
- Sautéed mushrooms.
- Fried/Poached/Scrambled/Boiled eggs /Omelettes.
- Toast White/Wholemeal.
- The above accompanied by a selection of Robertson's jams/marmalades and butter/flora.
- Vegetarian/Vegan/ Coeliac Breakfasts are also available.

Enjoy your breakfast !  
Nigel & Wendy

**BREAKFAST IS SERVED BETWEEN 8.30AM& 9.00AM OR  
EARLIER BY REQUEST**